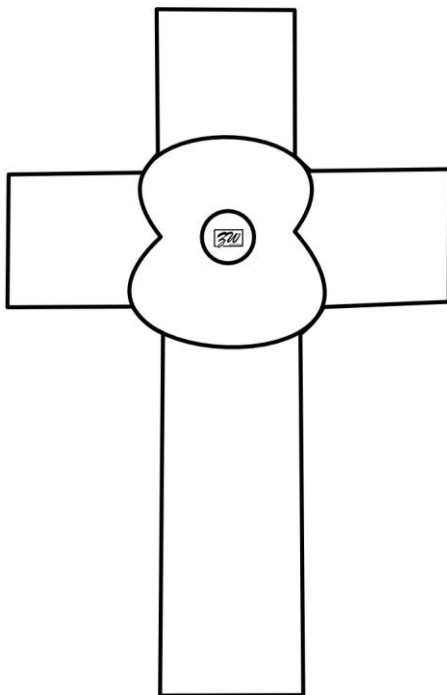




St Symphorian's Church
DURRINGTON

PARISH NEWS

NOVEMBER 2021



Registered Charity 1134809

Large print copies are available on request

Clergy

Fr Robert Norbury

☎ 01903 694827

Parish Priest

✉ fatherrobert@stsymphorians.co.uk

Honorary Assistant Priest

Father Keith Smith

☎ 01903 534498

A priest is always available to visit people at home, to visit the sick, and the Sacrament of Reconciliation (Confession) can be arranged by appointment. Please don't hesitate to get in touch about any matter.

Parish Office

Carol Warrington

☎ 01903 268109

Parish Administrator

✉ theoffice@stsymphorians.co.uk

Churchwardens

Paule Harper

Malcolm Brett

✉ paule@stsymphorians.co.uk

✉ malcolm@stsymphorians.co.uk

Stewardship Team

Jane Winter – Treasurer

✉ treasurer@stsymphorians.co.uk

Paule Harper – Parish Giving Schemes and Gift Aid Co-ordinator

Paule Harper – Electoral Roll Officer

Home Communion

Please contact Fr Robert.

Sunday Morning Lift Co-ordinators

Yvonne Austin and Carol Maloney ☎ 01903 267397

Parish Safeguarding Officers

Tracey Smith & Sandra Brett

✉ safeguarding@stsymphorians.co.uk

Parish Magazine Editors

Paule Harper and Jane Winter

✉ magazine@stsymphorians.co.uk

The Parish Church of St Symphorian

Durrington Hill, Worthing BN13 3HU

Sunday worship:

10.00am Parish Mass

Weekday Masses:

12noon Monday

10am Tuesday

6.30pm Wednesday

10am Thursday

Prayer for Growth 4pm Monday on Zoom

From the Registers:

The Sacrament of Confirmation

Ella Haskell

Pauline Moon

Marie Overy

Teresa Riglin

Cythnia Robinson



DATES FOR YOUR DIARY

Tuesday 2nd November - All Souls' Day – Mass at 7:30pm

Saturday 4th December - Christmas Fayre 11am – 3pm



All Saints Day
Sunday 31st October
10am Parish Mass

Mass will be followed by refreshments
Please feel free to join us.

St Symphorian's Church, Durrington Hill, Worthing BN13 3PU Registered Charity 1134809

CALENDAR FOR NOVEMBER 2021

1	Monday	Rom 11:29-36; Luke 14:12-14
2	All Souls	Apocalypse 7:2-4,9-14; 1 John 3:1-3
3	S.Martin de Porres	Rom 13:8-10; Luke 14:25-33
4	S.Charles Borromeo	Rom 14:7-12; Luke 15:1-10
5	Friday	Rom 15:14-21; Luke 16:1-8
6	Saturday	Rom 16:3-9,16,22-27; Luke 16:9-15
7	32ND IN ORDINARY	IKgs 17:10-16; Heb 9:24-28; Mark12:38-44
8	Monday	Wis 1:1-7; Luke 17:1-6
9	Dedication of the Lateran Basilica	Ezek 47:1-2,8-9,12; ICor 3:9-11,16-17; John 2:13-22
10	S.Leo the Great	Wis 6:1-11; Luke17:11-19
11	S.Martin of Tours	Wis 7:22-8:1; Luke 17:20-25
12	S.Josphat	Wis 13:109; Luke 17:26-37
13	Saturday	Wis 18:14-16; Luke 18:1-8
14	33RD IN ORDINARY	Dan 12:1-3; Heb 10:11-14,18; Mark 13:24-32
15	St Albert the Great	IMacc 1:10-15,41-43,54-57,62-64; Luke 18:35-43
16	S.Edmund of Abingdon	2Macc 6:18-31; Luke 19:1-10
17	S.Elizabeth of Hungary	2Macc 7:1,20-31; Luke 19:11-28
18	Dedication of Basilicas of Ss Peter & Paul	Acts 28:11-16; Matt 14:41-44
19	Friday	iMacc 4:356-37, 52-59; Luke 19:45-48
20	Saturday	IMacc 6:1-13; Luke 20:27-40
21	CHRIST THE KING	Dan 7:13-14; Rev 1:5-8; Johm 18:33-37
22	St Cecilia	Dan 1:1-6,8-20; Luke 21:1-4
23	S.Clement I	Dan 2:31-45; Luke 21:5-11
24	S.Andrew Dung_lac & Comps	Dan 5:1-6,13-14,16-17,23-28; Luke 21:12-19
25	S.Catherine of Alexandria	Dan 6:12-28; Luke 21:20-28
26	Friday	Dan 7:2-14; Luke 21:29-33
27	Saturday	Dan 7:15-27; Luke 21:34-36
28	1ST SUNDAY OF ADVENT	Jer 33:14-16; ITThess 3:12-4:2; Luke 21:25-28,34-36
29	Monday	Isa 2:1-2; Matt 8:5-11
30	S.Andrew	Rom 10:9-18; Matt 4:18-22

FROM THE VICARAGE

2021 is for me, a year that seems to be passing far too quickly. In a flash we are about to enter the month of November, that time when we often look back at the past, remember and reflect. Emerging gradually from the pandemic, we now have much to think about. There was of course the huge negative impact of the Coronavirus, with the fear and restrictions that it placed on our lives. But as with most situations we find ourselves in life, there can be positives. Perhaps, like me, you have realised the importance of those vital relationships, family and friends that enrich and strengthen us, ones that previously we may have just taken for granted.

The importance of being able to remember, to look back and at times learn from the immediate and distant past, has been very much brought home to me in recent months as my own mother's memory has crumbled, due to her increasing dementia. She was until relatively recently, an energetic, vital human being, but now, we as a family only see glimpses of that person. The cruelty of the disease has robbed her of part of her humanity, an essential piece of her has been lost, something that I'm sure resonates with those of you who have experienced the same condition with your own loved ones.

So, remember we must, and November is supremely the time to do so. The month begins with two important feasts of the Church. All Saints' Day on 1st (which this year we will keep on Sunday 31st October) and All Souls' Day on 2nd November. All Saints, reminds us of the fundamental connection in prayer and love between ourselves and the multitude without number, of every race, tribe, nation and language: the blessed in the kingdom of heaven. And then, the Commemoration of the Faithful Departed, All Souls, when we remember again with love and prayer, our departed loved ones.

Remembrance Sunday is also a time to reflect on past events, to remember those who gave their lives in the First and Second World Wars and in subsequent conflicts. It serves to remind us that war and conflict is still a present reality for us in 2021, so it is also an opportunity for us to pray both for the Armed Forces of the Crown and for peace and reconciliation amongst peoples and nations. The

Parish Mass on 14th November will include an Act of Remembrance, as the poem by Laurence Binyon reminds us:

*They shall grow not old, as we that are left grow old:
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.*

With my love and prayers

Father Robert

O ALMIGHTY God, who hast knit together thine elect in one communion and fellowship, in the mystical body of thy Son Christ our Lord; Grant us grace so to follow thy blessed Saints in all virtuous and godly living, that we may come to those unspeakable joys which thou hast prepared for those who unfeignedly love thee; through the same thy Son Jesus Christ our Lord. Amen.

Collect for All Saints' Day - The Prayer Book as proposed in 1928



All Souls Day
Tuesday 2nd November
7.30pm Sung Mass
including prayers for the departed

Mass will be followed by refreshments
Please feel free to join us.

St Symphorian's Church, Durrington Hill, Worthing BN13 3PU
Registered Charity 1134809

PH Awareness Month

November is Pulmonary Hypertension Awareness Month and the first week is specifically awareness week. Pulmonary Hypertension is a rare, incurable, life limiting disease which affects the heart and lungs. Symptoms include shortness of breath, fainting or dizzy spells and extreme fatigue and the disease can lead to right sided heart failure. I was diagnosed with Pulmonary Hypertension in November 2012 after a short spell in Hammersmith Hospital in London. This year has been particularly challenging for me, as my symptoms were worsening, to the point where I needed supplementary oxygen to walk distances.



Over the course of this year, I have had several trips to Hammersmith hospital for various tests and investigations. Hammersmith is one of only 8 specialist centres for the treatment of Pulmonary Hypertension in the UK. They have a dedicated team of 4 consultants and 4 specialist nurses, who, although they are medical professionals, treat me as a friend and we are all on first name terms. They really are amazing, and it is a comfort to know that I will see the same people every time I visit. I'm pleased to say that my condition has improved after a change in medication and now I very rarely need to use my oxygen, although I still have it just in case!

The Pulmonary Hypertension Association is the only UK based charity that supports people with Pulmonary Hypertension. They give advice and help in a variety of areas from how to access financial support, to managing anxiety caused by the disease. This year, the PHA UK is 21 years old and as part of their birthday celebrations, they are asking people to undertake a fundraising challenge. I will be supporting them by walking 2.1km every day in PH Week. This may not sound much, but is a massive step for me, walking without my oxygen. Pram and Toddler Group will also be holding a cake sale to raise a few pennies.

If you would like to make a donation to the PHA UK, you can do so online by visiting www.PHAUK.org or using the collection box at the back of church.

Thank you for reading.

Tracey





Peaceful Feet

FOOT CLINIC

Priscilla Kay

Qualified foot health practitioner

Member of the Alliance of Private Sector Practitioners

Tel: 07788 818481 or: 01903 212636

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Alternative Christmas Card Project 2021

Reaching Out to Change children's lives in Northern Uganda.

Living with the Covid Pandemic.

It's the time of the year when we think about our Alternative Christmas Card project – our 21st year. We will again be reaching out with Christian love to seriously disadvantaged children in Northern Uganda through the Imara-Uganda Education Fund charity.

Last year our donations were £1740.00 which allowed us to purchase:

- one new Braille machine (enabled by a single donation) helping towards our aim to provide a Braille unit for each of the registered blind students at Ngetta Primary School in the District of Lira in Northern Uganda. We have now provided 13.
- The specific 2020 Christmas card donations (£1105.00) funded the requirements for covid pandemic support. This was in the form of vital special needs and food requirements for our scholarship families and provisions to allow each of our scholarship children (25) with the means to participate in the governments "learning from home" programmes. Very many thanks on behalf of our scholarship children for your prayers and contributions.

Here is the plan for our 2021 donations.

Obviously, no visits from our UK Management Team have been possible and none are planned for the foreseeable future. We have re-structured our Uganda Team and established a rented office unit in Lira for our exclusive use. During periods of lockdown it will be equipped and used as a "Help Unit" for students on "Learning from Home" studies. Essential furnishing for this unit has been agreed as the target for our 2021 Alternative Christmas Card donations.

The schools were all closed early 2020 and they will not reopen until early 2022. The hardships for our scholarship children are compounded by factors such as no electricity to their homes and no regular family income. Missing nearly 2 years of education will have an immeasurable impact on their academic achievements and we are looking at ways to mitigate this. Only one of our contacts – Sister Susan, Head Teacher of Ngetta Primary School has been Covid hospitalised. Sister Susan is our prime contact

with our blind beneficiaries at her school and we thank God she was saved.

For those not familiar with this project, we use a Christmas Message Board in our December parish magazine to send a Christmas Greeting to family and friends locally. Your message is published to replace the need to write and send cards. In return, a donation is made to our charity. 100% of donations go to the nominated use in Uganda.

If you would like more information on the work of Imara-Uganda Education Fund, please contact Norman Horsley ☎ 01903 369523 or 07814 326858 or Email normanhorsley@btinternet.com.

It is a great help if you let us have your message early. Thank you.

This year we will use a different method of collecting donations and messages.

Donations. The preferred way is by a credit transfer. This will remove expense to the church when cash or a cheque is used.

The account details are:	Durrington PCC
	Sort Code 40 52 40
	Account Number 00019196
	Reference - Imara

If you are not familiar with this payment method, please use the traditional route of cash (preferred) or cheque (payable to Durrington PCC) and handed to Churchwarden Paule Harper.

Message. Whichever donation method used please hand your Christmas message to Paule Harper or Jane Winter for inclusion onto the December Magazine Message Board by Sunday 14th November.

Thank you on behalf of all our beneficiaries for your support and assistance over the years.

Jackie and Norman Horsley

For 2021 – let's look after God's planet and help Worthing Boys' Club by recycling. Here is their list:

What can we accept?

- Plastic milk bottle tops
- Shampoo, shower gel & Deodorant lids
- Bread bags
- Crisp, Peanut, Pretzel & Popcorn packets
- Pringle tube, seal & lid
- Biscuit, cracker & cake wrappers
- Finish dishwasher tab packets, salt bags & other Finish product packaging
- Cleaning wipe packets
- Roll on deodorant (whole thing)
- Trigger sprays & hand pumps
- Beauty wipe & Face mask packets
- Hair colour kits (all the bits that are not recyclable in your blue bin)
- Flexible plastic tubes-face scrubs, moisturisers etc
- Plastic pots - Face cream, moisturisers etc
- Baby food pouches with lids & snack packets (all brands)
- Zuru bunch of balloons, water balloons, stems, stem caps, ribbons & packaging it came in.
- Burt's Bees beauty packaging
- Metallic plastic tubes - cream, ointment, moisturiser
- Eyeshadow compact
- Lipsticks, gloss & balms
- Mascara tube & wands
- Lip, cheek, highlighter & bronzer sticks
- Carex refill packs

Where can it be dropped?

Yellow bin at Worthing Boys' Club, Ivy Arch Road, Worthing, BN14 8BX





The bishops are leading a call to prayer, which will include interceding specifically for the aims of the COP26 meeting in Glasgow.

The prayer gatherings will be at dawn and at dusk on the first day of the COP, Sunday 31st October.

Bishop Ruth is leading a prayer gathering with Horsham Churches Together. Everyone is welcome for Bible readings, silence & prayer, 7.30am at Horsham Park (Human Nature Garden). More [here](#)

Meanwhile Bishop Will is taking part in a Celebration of the Beauty of Creation at Firle Beacon also on Sunday but at 4pm . This will be followed by a walk to St Peter's, Firle for an act of commitment at 6pm to maintain the integrity of creation and to pray for all those charged with making difficult decisions at COP26. All will be very welcome to join for any part of it.

Bishop Will, who holds the remit for environmental issues in the diocese said: "We have a clear obligation as stewards of the earth and its resources that calls us to be responsible in caring for our common home the earth."

Outlining ways in which parishes and communities can focus on the challenge ahead, the bishop said that starting with prayers was crucial: "Reflecting deeply in prayer, meditation and worship to discern how to care for the earth and each other, and to encourage our respective communities to do the same."

At the same time, the bishop said that practical action was needed: "Making transformational change in our own lives and in the lives of our communities through individual and collective action" is crucial.

But with the network of parishes and communities representing the household of faith across the Diocese, Bishop Will said that voicing both our concerns and hopes was important at this time.

He added that we need to be "advocates for justice by calling on governments, businesses and others who exercise power and influence to put into effect the Paris agreement; to make the transition to a just and green economy a priority; and to commit to science-based targets that are aligned with a healthy resilient, zero emissions future."

The two events on 31st October will be opportunities for people to come together for general prayers and specific prayers shaped by the aims imagined for the forthcoming COP26. These are of coal, curtailing deforestation and switching to renewable sources of energy and away from fossil fuels; and for the world's largest emitters, historically and currently including the UK, to take a lead in reducing GHG emissions;

- **Adapt and protect communities and natural habitats already impacted by climate change** - enabling them to safeguard forests and other ecosystems and to build resilience infrastructure and adopting agricultural practices to cope with and mitigate climate change;
- **Mobilise finance** - for developed countries such as our own to release the 100 billion dollars a year in climate finance promised at the Paris 2015 COP but not yet fully realised, enabling developing countries to adapt and mitigate against climate change; and for those countries that have contributed most to the causes of climate change to contribute funds to compensate for loss and damage upon the least and poorest nations and communities who feel the impacts of climate change the most;
- **To work together to deliver** - to break through the distrust and barriers that have grown between nations over the past

decade, seen in the poor global response to Covid19 and rolling out of vaccines across the world, and in the slow response so far to tackling climate change. Only by working together can nations overcome these global problems - as Jesus said, *“each of you should look not only to your own interests, but also to the interests of others”* (Phil 2v4).

Here are some prayer points that will help churches and individuals seek God for COP26 over the coming couple of weeks :

- Pray that the UK government will lead by example and show clearly how we will achieve our own targets for climate action and achieving net zero.
- Pray for justice and fairness to be at the heart of the decisions that are made.
- Pray that representatives from developing countries will not be limited from attending due to COVID19
- Pray for Government ministers and others leading the conference.
- Pray for the voices of young people to be heard in every aspect of the conference.

Limiting global emissions to 1.5 degrees

- 70% of the world's economies have committed to this on paper; pray their plans and actions will make this a reality.
- Pray that richer nations and financial institutions will help finance poorer nations to develop the technologies to provide cleaner energy.
- Pray for Green jobs to be created across our world, bringing hope to millions of lives.

The stewardship of nature as God intended

- Pray for the protection of threatened habitats across our world, in particular the rain forests.

- Pray for the rewilding and restoring of habitats so that we allow nature to restore eco systems and create sustainable agriculture across the world.
- Pray for Christian organisations engaged in encouraging our stewardship of God's creation, including Arocha Uk, Tear Fund, and many others.
- Pray for our farmers as they will change practices in the coming decades.

Extreme weather events

- Pray for National and local Government leaders as they plan for more extreme weather events.
- Pray for those who determine planning decisions for new developments, that they will plan for extreme weather events.
- Pray for those affected across the world by flooding and forest fires.
- Pray for those parts of the world for whom rising sea levels could be catastrophic.

Climate and Environmental Scientists

- Give thanks for the gift of science that has allowed us to see how our use of fossil fuels is affecting people and nature around the globe in the present and the future.
- Prayer for scientists working of new IPCC reports on the impact of Global Warming and ways to mitigate against its worst effects due to be released next year.
- Pray for scientists and engineers who are using their creativity to develop ideas and technology that will help reduce the intensity of Climate Change and moderate its impact.
- Pray for a new generation of scientists who have an appreciation of the wonder of creation and are motivated to

find ways to protect both people and the whole community of creation.

The role of the Church

- Pray for the Holy Spirit to awaken the hearts of all Christians to our complicity in harming God's creation and then to see ourselves as those who should lead by example.
- Pray for our church communities to invest in green solutions within our buildings and land, and a willingness to share best practice.



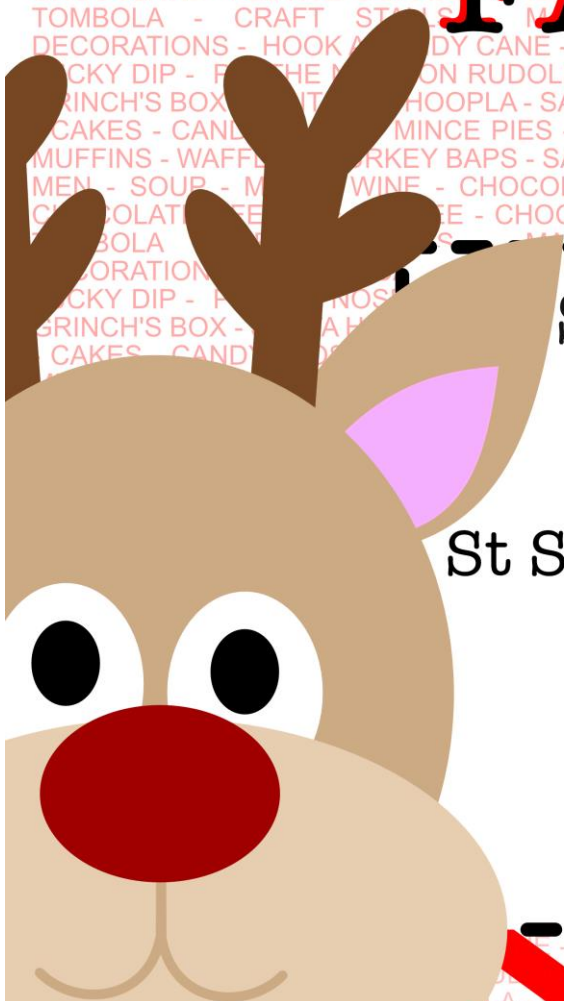
Pray for Christian voices to speak up against the injustice of climate change as it effects the poorer nations disproportionately, and for richer nations to financially support green solutions across the world.

SAVED A NUMBER OF LIVES.

Congratulations to Peter Moloney.
Peter has been a Blood Donor for over 50 years
This month he was presented with a Certificate, Suit pin and more.
For donating more than 100 times



CHRISTMAS FAYRE



Saturday 4th
December
11am - 3pm

St Symphorian's
Church
Durrington Hill
BN13 3HU
Fun for all the
family!

Proceeds to Social and Fundraising Mission Fund Registered Charity 01134809



Christmas Fayre -Here we go!!!

By the time you read this it will be a month to our Christmas Fayre – where has that time gone! So here is what we need:

- Posters – please can you let Jane or Paule know how many posters you would like, what size (A3, A4 or A5) and let's get them distributed.
- Please collect/donate the following

For the games stalls

- Chocolate bars – any size – for a chocolate tombola and raffle hamper – lots of chocolate please.
 - Items for our Naughty or Nice Santa sack (lucky dip we need your 'treasure or trash' – this can be unwanted presents, candles, smellies, packets of dry pasta, a packet of toilet rolls. We will wrap these up for Santa's sack.
 - Bottles – all sorts of full bottles for the bottle tombola – or maybe one of those pretty bottles with lights in them.
- For all these things we will have bags for you to take at the back of church and fill. Please return the full bags by **Sunday 21st November***

For our Craft Stall

- Crafts – please let the Craft Club know if you can donate any crafts. If you have time – there is something for you to do so please ask – you have more craft skills than you think!

For the Cake Stall

- Food will be the central part of our fayre. We need your help to have muffins, gingerbread men, flapjacks, fudge, Bakewell tarts, chocolate cake, etc. There is a sign-up sheet at the back of church for you to tell us what you can do.

Lastly – thank you for your help.

November Prayer Diary

Please find below a daily prayer diary. Each day (except Sunday), we pray for three streets in our parish. If you spot any road is missing from the list, please email magazine@stsymphorians.co.uk.

Monday 1 st	HM the Queen Rudd House, Salvington Close, Salvington Road
Tuesday 2 nd	All Souls The faithful departed Samphire Drive, Sandringham Mews, Saxifrage Way
Wednesday 3 rd	S.Martin de Porres The long-term sick Scotney Close, Sefton Close, Shelby Road
Thursday 4 th	S.Charles Borromeo The faithful departed Sherbrooke Close, Shetland Court, Silverbirch Drive
Friday 5 th	Our Carer & Toddler group Skylark rise, Snapdragon Lane, Speedwell Close
Saturday 6 th	Those training for ordination Spey Close, Squadron Drive, St Mary's Court
Sunday 7th	32nd Sunday of Ordinary Time The Parish of Durrington
Monday 8 th	The lonely & isolated Stone Lane, Stour Close, Stour Road
Tuesday 9 th	Dedication of the Lateran Basilica Church unity Summerdown Close, Sunflower Street, Sunningdale Road
Wednesday 10 th	S.Leo the Great Theologians Swallows Green Drive, Sycamore Road, Tamar Avenue
Thursday 11 th	S.Martin of Tours S.Martin's, Brighton Tamar Close, Tasman Way, Tavy Close

Friday 12 th	S.Josphat Our local schools Tay Road, Taw Close, Teasel Drive
Saturday 13 th	The Armed Forces of the Crown Thames Way, Tomson Close, Timber Close
Sunday 14th	Remembrance Sunday The Parish of Durrington
Monday 15 th	St Albert the Great Persecuted Christians Titnore Lane, Titnore Way, Toronto Close
Tuesday 16 th	S.Edmund of Abingdon General Synod Torridge Close, Treharne Close, Tulip Tree Road
Wednesday 17 th	S.Elizabeth of Hungry, St Hilda, St Hugh of Lincoln Worthing Hospital chaplaincy Twyford Close, Twyford Gardens, Twyford Road
Thursday 18 th	The Shrine of Our Lady of Walsingham
Friday 19 th	Bishop Martin Tyne Close, Vancouver Close, Vancouver Road
Saturday 20 th	Diocesan Synod Varey Road, Vicarage Fields, Violet Close
Sunday 21st	Christ The King The Parish of Durrington
Monday 22 nd	St Cecilia Church Musicians Walnut Tree Way, Water Lily Way, Wayside Avenue
Tuesday 23 rd	S.Clement I Our Münchberg link Wear Close, Wear Road, Welland Close
Wednesday 24 th	S.Andrew Dung_lac & Comps Those who suffer for their faith Welland Road, Wear Road, Wentworth Close
Thursday 25 th	S.Catherine of Alexandria Local businesses West Tyne, White House Place, Whitebeam, Road

Friday 26 th	The Society of the Holy Cross Whylands Avenue, Whylands Close, Whylands Crescent
Saturday 27 th	Bishop Will Willow Crescent, Windrush Close, Winterbourne Close
Sunday 28th	Advent Sunday The Parish of Durrington
Monday 29 th	A keeping of a holy Advent Winterbourne Way, Woodpecker Way, Yeoman Gate
Tuesday 30 th	S.Andrew The Church in Russia, Greece & Scotland Yeoman Road, Yeoman Way, and all those who work and worship within this parish

Mission and Renewal

The subcommittee has been working to formulate our Mission Action Plan for 2021-24. In summary **our vision is:**

“To be a welcoming, active and inclusive church at the heart of the parish we have been given to serve – recognised for the beauty of its worship, its music, its heritage, and its relevance within the local community”.

and our mission:

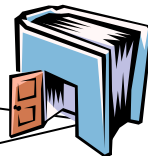
“As a Church of England parish in the Catholic tradition, St Symphorian’s is a place of worship and meaningful spiritual encounter for all who seek God in Durrington.”

A copy of the Mission Action Plan will be displayed at the back of church.

Fr Robert

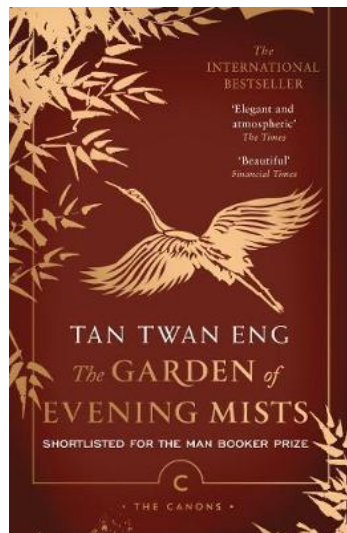
Durrington Book Club
Next review time will be on
Wednesday 3rd November 2021,

to discuss author **Ken FOLLETT** through two of his novels; **“The Key to Rebecca”** and **“Jackdaws”**.



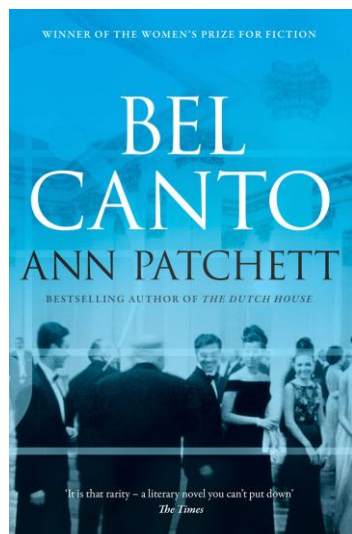
Back in November 2020, we read “The Garden of Evening Mists” by Malaysian born TAN Twan Eng. The novel commenced during the Japanese occupation of Malaya and revolved around native born Teoh Yun Ling and Arimoto, the exiled gardener to Emperor Hirohito, and their relationship 50 years later.

In July 2021, we read “The Buried Giant” by Nagasaki born (Sir) Kazuo ISHIGURO who created a strange fantasy based on English history. The novel contained some beautiful writing even though the thread of the narrative wove us round in circles. And now during September we have been reading **“Bel Canto” (2001), by Ann Patchett** which contains three Japanese characters amongst several other foreign nationals who are caught up in a hostage situation.



Again, we are lead to understand that Japanese gentlemen are calm, respectful, well read and possessing strong self-control.

Between 17th December 1996 and 22nd April 1997, a real-life ambush and siege took place at the Japanese Embassy in Lima, Peru, by the Túpac Amaru Revolutionary Movement (MRTA). There are several similarities between this situation and the novel written by Ann PATCHETT, as the book is based around a siege at a Vice President’s residence somewhere in South America where many high profile, international guests are present when a group of terrorists break in attempting to kidnap their President when he attends a



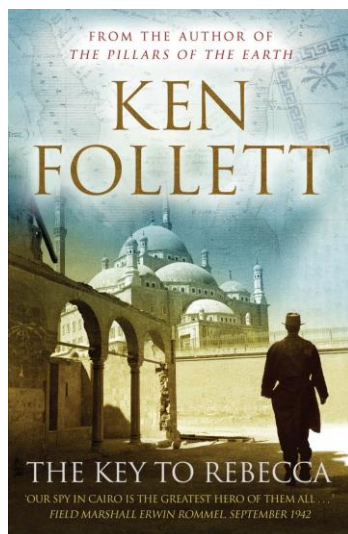
lavish party arranged in honour of Katsumi HOSOKAMA, a wealthy, Japanese business man who is being wooed so as to invest in the badly run republic; but the President has not turned up and the terrorists miss their chance to withdraw from their plan and escape; so stalemate results for four months!

Stockholm syndrome is the name given to the phenomenon where captives or hostages begin to sympathize with their captors or abductors as a means to survive and to tolerate the position or trap they are in. Perhaps a beautiful opera singer whose voice can transcend the tedium is a bit fanciful but who can say how we might react in a similar situation. A siege lasting four months would certainly offer time to reconsider what life is all about?

Some of us found the writing laboured in its attention to detail and the tedium delayed their progress to the end of this novel, whereas others found it a gracious story with many well-developed characters – the three Japanese men excelled in their new, enforced rôles – and we too formed bonds with captives and freedom fighters alike. On our populariti-o-meter, **“Bel Canto” scored 6.0.** Ann PATCHETT is American and has won many literary prizes. In 2010, she co-founded a bookstore Parnassus Books which reached out to ordinary people and promoted the enjoyment of reading to a far wider audience and in 2012 TIME Magazine listed her amongst the 100 most influential people in the world!

Our next meeting will be on the 3rd November when we will discuss author Ken FOLLETT through two of his novels, “The Key to Rebecca” and “Jackdaws”. We will meet in the church via the side door, up the ramp on the north side of the building from 2.15pm for a 2.30 start, having a tea break in the middle and finishing around 4 pm. All are welcome to join us if Covid free.

Sir Harry Secombe said of himself, “My voice is not so much “bel canto” as “can belto!”



Christ the King

Standing in St Symphorian's Church, looking east, you will see Christ the King depicted in the main window. This prominent window was installed in the 1940's when the Chancel was added to the church, and in in Memory of Canon W. E. D. Penfold who was so instrumental in restoring the church.

The Feast is a relatively recent addition to the Western liturgical calendar, having been instituted in 1925 by Pope Pius XI for the Roman Rite of the Catholic Church. In 1970 its Roman Rite observance was moved to the final Sunday of Ordinary Time. Hence this year, the Feast falls on 21st November.

In an address, Pope Pius said that he wanted the Feast to impact the laity: "If to Christ our Lord is given all power in heaven and on earth; if all men, purchased by his precious blood, are by a new right subjected to his dominion; if this power embraces all men, it must be clear that not one of our faculties is exempt from his empire. He must reign in our minds, which should assent with perfect submission and firm belief to revealed truths and to the doctrines of Christ. He must reign in our wills, which should obey the laws and precepts of God. He must reign in our hearts, which should spurn natural desires and love God above all things, and cleave to him alone. He must reign in our bodies and in our members, which should serve as instruments for the interior sanctification of our souls, or to use the words of the Apostle Paul, as instruments of justice unto God."

The Feast of Christ the King is about Christ being our all in all, central in everything we do, feel and live.

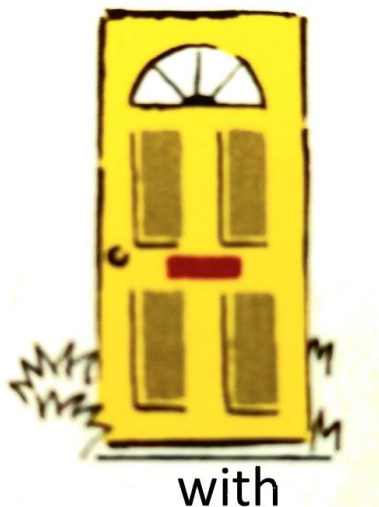


The Durrington “You” Group

This friendly Group welcomes anyone from the community who enjoy meeting other people and share similar interests.

Wednesday 19th January, 2.30pm

please arrive by 2.15 pm for a prompt start at 2.30pm.



with
Hilary Firth

“The Doorstep
Visiting Library
Service”



St Symphorian's Church

BN13 2PU

£3.50pp includes refreshments

For more details contact the Parish Office 01903 268109 or email theooffice@stsymphorians.co.uk
Proceeds to Waders Registered Charity Number 1134809

Durrington You Group

Durrington YOU GROUP will be starting back again in 2022 with an interesting programme for the year.

Our first meeting planned will be on Wednesday 19th January at 2.30 pm with a talk by Hilary Fifth on the Doorstep Library Service.

This Group welcomes anyone from the community who enjoy meeting other people and sharing similar interests.

The Venue is now going to be inside St. Symphorian's Church in Durrington Hill, Worthing BN13 3HU on the 3rd Wednesday in the month at 2.30 pm and finish by 4ish. The cost £3.50 to include refreshments. Further details are available from the Church Office 01903 268109 or email:- theoffice@stsymphorians.co.uk

If you are interested in join the group – please book the following dates in your diary!

YOU GROUP SPEAKERS 2022

19th January	“The Doorstep Visiting Library Service” – Hilary Firth.
16th February	“The Building Stones of the Medieval Parish Churches of the Adur / Arun Area”. – Anthony Brook and Roger Cordiner. [Geologists]
16th March	“Sussex Scrapbook 2, - Anecdotes, Folklore and Churches” - Chris Horlock [Sussex Historian.]
20th April	The Importance of Bees.” – Graham Farley.
18th May	Travels Around the World on my Bike.” – Pam Goodall.
15th June	‘Royal Tea in celebration of the Queen’s Platinum Reign’ with Playback.
20th July	“Do you think you would like to become a writer?” - John and Yvonne Eddleston.
August	No Meeting.
21st September	Sussex Windmills” – Peter Hill.
19th October	“The Arun Valley Postcard Trail - Number 3” -Tony Pratt from the Arun and Wey Canal Trust.
16th November	“Festive in House” with Sybil B
December	No Meeting.

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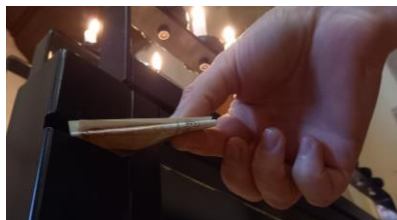
What Can I Give?

Generosity is at the heart of our faith; we believe in a generous God and our own generosity is a testament and hallmark of our faith in action. The ministry and mission of St Symphorian's Church is largely funded through the incredible generosity of those who give to it. To all those of you who give on a regular basis through the Parish Giving Scheme, Standing Orders or on the plate on a Sunday morning, thank you. It is through your giving that this church can carry out its mission here in Durrington.

Rev Sam Wells said,

"If you don't give because no one's ever asked you, I'm asking you now. If you don't give regularly because you've never got round to it, I'm saying today's the day. If you don't give much because you think St Martin's doesn't need it, I'm telling you that it does. If you don't give a lot because you don't have a lot, I'm saying that your giving something is an example to everyone else. If you don't give more because no one's ever said thank you, I'm thanking you right now. If you already give until the pips squeak, I'm saying that's wonderful, and nudge the person next to you to do the same."

Of course, the same is true for St Symphorian's Church. In 2019 it cost £246 per day to run St Symphorian's Church and the Parish Centre and that doesn't include expenditure of restricted funding which covers all the church maintenance and some church running costs amongst other things. Since then, prices have increased and we constantly hear how our bills are set to continue to rise – just as your home bills increase, so do the bills of the church. It is essential that we reduce our costs. In these COVID-19 times when we need to keep buildings ventilated during use, it is impossible to keep them warm – we can't afford to heat the outside world as well as the buildings. This will mean buildings will be warm when we first enter them but then will cool down very quickly without any chance of keeping them warm.



We are also looking at ways to raise more funds.

- We are attempting to maximise the revenue from our buildings by increasing the regular hirers of the Atkinson Room, hall and church. There is still space for more hirers and this is a source of regular income.
- At present we are receiving a number of occasional hall hirers.
- We have initiated online giving – try out our donation button on the website!
- As soon as we can install internet in the church, we will set up a giving station making it as easy as possible for people to give to the church.

You can help too - there are now more ways to give and some cost you nothing:

- Are you a taxpayer? If yes, then please ensure you have filled in a gift aid form. This will enable our Gift Aid Officer to claim 25p per pound you donate from the Government.
- Are you an internet shopper? If yes, then please
 - sign up for easyfundraising - you will find more information about this on page 27.
 - use Amazon smile – to raise money for St Symphorian's Church, please follow this link <https://smile.amazon.co.uk/ch/1134809-0>

To give a longer lasting gift to the church, consider leaving a legacy in your will. A legacy will continue the work of the church, possibly for many years to come, ensuring that God's work here can continue and flourish. Would you like to be a part of that? It is through the Sharp Legacy that we have been able to move forward with so many maintenance projects in our church; from roof to heating, masonry work, organ repairs, and hopefully soon – redecorating – all these projects have been funded by the Sharp Legacy.

To find out about our Legacy policy please pick up a leaflet at the back of church.

Quality, dignity and reliability

Losing someone close to us is a painful and challenging experience. Our aim at HD Tribe is to make the whole funeral process as simple and as stress-free as possible for you, by offering a complete funeral service, ensured by HD Tribe's long-established reputation for quality, dignity and reliability.

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Our services

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Counselling	Green Burials	Repatriation
Burials at sea	Horse Drawn Funerals	Stonemasons
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Shoreham-by-Sea
101 Eastern Ave
Shoreham-by-Sea
BN43 6PE

Storrington
19 West St
Storrington
RH20 4DZ

Littlehampton
5 Surrey St
Littlehampton
BN17 5AZ

Rustington
63 Sea Lane
Rustington
BN16 2RQ

Goring-by-Sea
259 Goring Rd
Worthing
BN12 4PA

Lyndhurst Road
61 Lyndhurst Rd
Worthing
BN11 2DB

Remembrance Service 2021

On Sunday 14th November we will remember those who died fighting for our country since the First World War. We sometimes overlook that this sacrifice still continues today, and that those who died in more recent conflicts are also remembered on Remembrance Sunday. But when did the focus of the remembrance change from 11th November to the second Sunday in November and why?

The focus of remembrance for the dead of the First World War originally fell on Armistice Day itself, commencing in 1919. As well as the National Service in London, events were staged at town and village war memorials, often featuring processions of civic dignitaries and veterans.

The first UK commemoration of the end of World War 1 was at Buckingham Palace, with King George V hosting a "Banquet in Honour of The President of the French Republic". A two-minute silence was observed at 11am on 11 November 1919.

While the initial, spontaneous public reaction when the Armistice was signed on the 11 November 1918 was jubilation and celebration, the 1919 banquet was criticised for being too celebratory.

The following year, Armistice Day in 1920, the funeral of Unknown Soldier took place at the London Cenotaph and a two-minute silence was observed throughout the nation. Buses halted, electricity was cut to tram lines, and even trading on the London Stock Exchange halted.

Starting in 1921, the Royal British Legion began selling Remembrance Poppies to raise funds for ex-service men. Throughout the 1920s and 1930s the character of the remembrance events became politicised. While for some, Armistice Day was a day for recognising the horrors of war, never to be repeated; for others the day symbolised the honour of military service.

In 1923 a Christian Pacifist MP was elected to parliament. In the middle 1930s the Peace Pledge Union gained wide support. Pacifism gained great publicity from a 1933 student debate in the Oxford University Union that voted for a resolution that 'this House

will in no circumstances fight for King and Country'. The first white poppies were sold by the Co-operative Women's Guild in 1933.

During the Second World War, the commemorations were moved to the Sunday preceding 11 November as an emergency measure to avoid disruption of the production of vital war materials.

In May 1945, just before VE Day, the new government began consultation with the churches and the British Legion on the future of remembrance. Armistice Day in 1945 actually fell on a Sunday, avoiding the need to change the wartime practice. Some thought that to continue with the 11 November would focus more on the First World War and downplay the importance of the Second. Other dates suggested were 8 May (VE Day), 6 June (D-Day), 15 August (VJ Day), 3 September (the declaration of war), and even 15 June (the signing of the Magna Carta in 1215). The Archbishop of Westminster proposed that the second Sunday in November should be named Remembrance Sunday in commemoration of both World Wars, a suggestion which was endorsed by the Home Office in January 1946. In June of that year, the prime minister, Clement Attlee, announced in the House of Commons that "the Government felt that this view would commend itself to all quarters of the country. I am glad to say that it has now found general acceptance here and has been approved by The King."

Poppies are available at the back of church with all donations going to the British Legion.



Remembrance Sunday

14th November

10am Parish Mass

concluding with an Act of Remembrance

Mass will be followed by refreshments

Please feel free to join us.

St Symphorian's Church, Durrington Hill, Worthing BN13 3PU
Registered Charity 1134809

NICK AND BEN
BOUNCY
CASTLES

FOR MORE INFO PHONE
262050



Slimming
WORLD

MONDAYS - 9.30am
St Symphorian's
Church Hall
New Road, Durrington

Call Sarah on 01903 218261
or 07769 611034

also at Charmandean,
Findon and Heene



Find us on
Facebook

There are always mixed reactions to Facebook – we hear all the negativity and believe that it is all like that. Our church has a Facebook page and we have over one hundred people who regularly receive all our information. However, a 'post' (article) on our Facebook page can be seen by 100 to 2,500 people. We include both worship items and social events. There are pictures and videos of everything that is going on. So, if you have Facebook, please find our Facebook page (just type in St Symphorian's) and then start sharing with all your friends our lives with Christ.

Jobs in the Garden for November

General gardening

- Clear any fallen leaves from your lawn, pond and beds
- Raise containers onto pot feet to prevent water logging
- Plant tulip bulbs for a Spring display next year
- Prune roses to prevent wind-rock
- Plant out winter bedding
- Stop winter moth damage to fruit trees by using grease bands around the trunks
- Encourage birds into your garden by putting out bird food
- Continue to tidy beds and borders, then mulch with compost, well-rotted manure or bark and apply a slow release fertiliser such as bone meal.
- Provide Autumn and Winter interest by leaving attractive stems or seed heads for wildlife. Cut back old, unsightly perennials to ground level though
- Keep Autumn flowering plants looking their best by removing dead heads and ensuring they're not being covered with fallen leaves.

In the greenhouse

- Protect plants in your greenhouse from cold winter nights with a heater
- Water in the morning only, so that the foliage does not remain wet at night and try to avoid leaf splash.
- Sow winter Lettuce in the greenhouse border soil.
- Ventilate the greenhouse with care in order to keep up air movement and alleviate dampness without letting temperatures fall too low.
- Insulate the greenhouse from frost – bubble wrap works well or purchase a bubble insulation pack.

Wildlife gardening

- Replenish birdfeeders, or hang one if you have not done so in previous seasons. All feeds, including peanuts, are safe, as the breeding season is now over
- Clean out nesting boxes so that birds can shelter inside them during the winter
- Leave mature ivy uncut if possible, as it is an excellent late source of nectar for insects
- Make a leaf pile for hibernating mammals and ground-feeding birds overwintering in the UK

St Cecilia- 22nd November



If you go into the Lady Chapel and look up at the window you will find a picture of St Cecilia as in the right side of the window. This is an unusual window as the face of the figure is actually a photograph of Joan Penfold, to whom the window is also dedicated.

St Cecilia was born in the second century. Despite her vow of virginity, she was forced by her parents to marry a nobleman named Valerian. During the wedding, Cecilia sat apart singing to God in her heart, and for that she was later declared the saint of musicians. When the time came for her marriage to be consummated, Cecilia told Valerian that she had an angel of the Lord watching over her who would punish him if he dared to violate her virginity but who would love him if he could

respect her virginity. When Valerian asked to see the angel, Cecilia replied that he would see the angel if he would go to the third milestone on the Via Appia. After his baptism, he found an angel standing by the side of Cecilia, and crowning her with a chaplet of roses and lilies.

The martyrdom of Cecilia is said to have followed that of Valerian c176 /180

Cecilia was buried at the Catacombs of St. Callistus, and then transferred to the Church of Santa Cecilia in Trastevere. In 1599, her body was found still incorrupt, seeming to be asleep.

St Cecilia is the patron saint of Church music, great musicians, poets; Albi, France; Archdiocese of Omaha; Mar del Plata, Argentina

Update from Chichester Cathedral



The Museum of the Moon

Chichester Cathedral will host Luke Jerram's touring artwork, the Museum of the Moon, from **25th October to 14th November**.

Measuring seven metres in diameter, the Museum of the Moon features 120dpi detailed NASA imagery of the lunar surface. At an approximate scale of 1:500,000, each centimetre of the internally-lit spherical sculpture represents 5km of the moon's surface.

The installation, which will be on display within the Cathedral's Nave, is a fusion of lunar imagery, and surround sound composition created by BAFTA and IvorNovello award-winning Bristol-based composer Dan Jones. Over its lifetime, the Museum of the Moon is being presented in a number of different ways both indoors and outdoors, so altering the experience and interpretation of the artwork. As it travels from place to place, it gathers new musical compositions and an ongoing collection of personal responses, stories and mythologies, as well as highlighting the latest moon science.



The artwork will be accompanied by a programme of events, concerts and late-night openings, delivered by a variety of organisations, including the South Downs Planetarium, Chichester's Novium Museum and the West Sussex Library Service, encouraging people far and wide to celebrate the night skies of Sussex. Activities for children and families will also be made available from October Half Term.

Luke Jerram's multidisciplinary practice involves the creation of sculptures, installations and live art projects. Living in the UK but working

internationally for 19 years, Jerram has created a number of extraordinary art projects which have excited and inspired people around the globe. Jerram has a set of different narratives that make up his practice which are developing in parallel with one another. He is known worldwide for his large scale public artworks.

The Museum of the Moon will be on display from 25th October – 14th November 2021. General entry to the Cathedral is free, and donations are welcome. Chichester Cathedral continues to respond to guidance issued by Public Health England and has made a number of changes to ensure those who visit the Cathedral can do so safely.

Tuesday 2nd 2021 at 1.10pm – Lunchtime concert by Robert and Linda Stoodle - Piano À Deux with Robert Stoodley & Linda Ang Stoodley.

Tuesday 9th at 1.10pm Lunchtime Concert - The Odora Trio with Songeun Choi (piano), Sophie Hinson, (Violin) and Francesca Cull (Cello)

Saturday 13, 19:30 The Chichester Singers return to the Cathedral to perform Sir Edward Elgar's seminal work The Dream of Gerontius. Tickets £28 / £23 / £18 / £10 available from the website.

Tuesday 16th at 1.10pm - Lunchtime concert by pianist Simone Tavoni

Wednesday 17th - Wreath Making with Paul Hawkins

Join celebrated Floral Decorator Paul Hawkins for an exclusive Christmas Wreath-making workshop. Tickets are £95 which includes:

All materials for the 2 hour workshop, a light lunch, refreshments and a goodie bag. There are 2 sessions available, one morning and one afternoon. Email flowerfestival@chichestercathedral.org.uk for more information and to book your space.

Saturday 20th at 19:30 - London Concertante perform works by Corelli, Handel, J. S. Bach and Vivaldi's Four Seasons

Tuesday 23rd at 1.10pm – Lunchtime Concert with Timothy Parsons, Director of Music at St Edmundsbury Cathedral.

Chichester Cathedral's Lunchtime Concert series is self-supporting and thrives through the generosity of its audiences. While there is no charge for admission, we suggest a minimum donation of £3 per person, with Gift Aid applied if possible.


In line with our hopes to keep everyone safe and well, we will be maintaining socially distanced seating until further notice. As such, with the subsequent reduced capacity, we ask that audiences book their places in advance through Ticketsource. We will have a list of names that have booked on the door: you do not need to bring the tickets with you.

Puzzle Corner

NOVEMBER WORDSEARCH WEATHER


D P M E T E R O L O G Y X H F
W U G N H F C O D A N R O T O
O B O Z I C L C O E P T M N G
B D N L O M L I G F R O S T Y
N P R R C I B U A I Q V O E L
I B I I M I L U X H H U F M A
A S I A Z E S Z S D L O C T N
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P W V J S W R Q N U T E W O U
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P D O T E A S T E R L Y D Q O
G N I N T H G I L V D Y A S V

CLOUD
DRIZZLING
FROSTY
LIGHTNING
RAINBOW
SULTRY
TORNADO
ZEPHYR
AUTUMNAL
COLD
EASTERLY
HAIL
METEROLOGY
SIROCCO
SUNNY
TYPHOON
CLIMATE
DELUGE
FOG
HOT
NIMBUS
SQUALLY
SUNSPOT
WET



A Halloween Fact!

The patron saint of spiders is Felix is Nola. He was saved from being arrested twice when he hid in vacant buildings and a spider made a web over the doorway which fooled the soldiers into thinking that no one could be there!



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COPY DATE

Articles and information for the

DECEMBER 2021

edition of the Parish News
should be handed in by

SUNDAY 14th NOVEMBER 2021

PLEASE NOTE - articles handed in after the copy date deadline cannot be guaranteed to be included.

Articles can either be

- ❖ handed into the Parish office
- ❖ given to the editor on a Sunday morning,
- ❖ e-mailed to magazine@stsymphorians.co.uk

The editors will always try to include all articles, but due to space may occasionally have to keep an article until the next month. Please also remember that articles do need to be of a positive or informative nature.

New advertisers are always welcome, and we have very competitive rates for full, half and quarter page adverts. If you are interested, then please pick up a form from church or email the editor at magazine@stsymphorians.co.uk

Please note that advertising in this magazine does not carry an endorsement from the Church. Readers who use the businesses advertised do so at their own risk.

Weekly Activities in St Symphorian's Church Hall

Monday	Slimming World 9:30am Penfold Bowls Zumba 7pm
Tuesday	Sing Well Choir* Penfold Bowls Jazz Band*
Wednesday	Funtastic Futures Rangers
Thursday	U3A Yoga Brownies and Guides
Friday	Pram and Toddler 10am

*in church

Venue for Hire

The Church Hall and Atkinson Room are available for hire for parties and functions.

Charges are:

Main Hall £25 per hour

Atkinson Room £16 per hour

Both Halls £38 per hour

All bookings have access to the kitchen.

For more information, please visit the website.

For more details contact the Parish Office Tel 01903 268109

or email theooffice@stsymphorians.co.uk

or visit our website www.stsymphorians.co.uk

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