



St Symphorian's Church
DURRINGTON

PARISH NEWS

OCTOBER 2021



Registered Charity 1134809

Large print copies are available on request

Clergy

Fr Robert Norbury

☎ 01903 694827

Parish Priest

✉ fatherrobert@stsymphorians.co.uk

Honorary Assistant Priest

Father Keith Smith

☎ 01903 534498

A priest is always available to visit people at home, to visit the sick, and the Sacrament of Reconciliation (Confession) can be arranged by appointment. Please don't hesitate to get in touch about any matter.

Parish Office

Carol Warrington

☎ 01903 268109

Parish Administrator

✉ theoffice@stsymphorians.co.uk

Churchwardens

Paule Harper

Malcolm Brett

✉ paule@stsymphorians.co.uk

✉ malcolm@stsymphorians.co.uk

Stewardship Team

Jane Winter – Treasurer

✉ treasurer@stsymphorians.co.uk

Paule Harper – Parish Giving Schemes and Gift Aid Co-ordinator

Paule Harper – Electoral Roll Officer

Home Communions

These have been suspended at present. Please contact Fr Robert if necessary.

Sunday Morning Lift Co-ordinators

Yvonne Austin and Carol Maloney ☎ 01903 267397

Parish Safeguarding Officers

Tracey Smith & Sandra Brett

✉ safeguarding@stsymphorians.co.uk

Parish Magazine Editors

Paule Harper and Jane Winter

✉ magazine@stsymphorians.co.uk

The Parish Church of St Symphorian

Durrington Hill, Worthing BN13 3HU

Sunday worship:

10.00am Parish Mass

Weekday Masses:

12noon Monday
10am Tuesday
6.30pm Wednesday
10am Thursday

From the Registers

Holy Baptism
Elijah Mario Burton

Internment of Ashes
Eileen Harris

Prayer for Growth 4pm Monday on Zoom

DATES FOR YOUR DIARY

Sunday 3rd October

PARISH MASS AND CONFIRMATION

10.00am, The Bishop of Lewes

Sunday 24th October Feast of Dedication

10am Parish Mass

Friday 29th October

7pm Quiz Night

All Saints Sunday

Parish Mass 10am



All Souls Day
Tuesday 2nd November
7.30pm Sung Mass
including prayers for the departed

Mass will be followed by refreshments
Please feel free to join us.

St Symphorian's Church, Durrington Hill, Worthing BN13 3PU
Registered Charity 1134809

CALENDAR FOR OCTOBER 2021

1	St Therese of the Child Jesus	Bar 1:15-22; Lk 10:13-16
2	Holy Guardian Angels	Bar 4:5-12,27-29; Matt 18:1-5,10
3	27TH IN ORDINARY	Gen 2:18-24; Heb 2:9-11; Mk 10:2-16
4	St Francis of Assisi	Jonah 1:1-2:1,10; Lk 10:25-37
5	Tuesday	Johna 3:1-10; Lk 10:38-42
6	St Bruno	Jonah 4:1-11; Lk 11:1-4
7	Our Lady of the Rosary	Mal 3:13-20; Lk 11:5-13
8	Friday	Joel 1:13-15; Lk 11:15-26
9	St John Henry Newman	Joel 4:12-21; Lk 11:27-28
10	28th IN ORDINARY	Wis 7:7-11; Heb 4:12-13; Mk 10:17-30
11	St John xxiii	Rom 1:1-7; Lk 11:29-30
12	St Wilfrid	Rom 1:16-25; Lk 11:37-41
13	St Edward the Confessor	Rom 2:1-11; Lk 11:42-46
14	St Callistus	Rom 3:21-30; Lk 11:47-54
15	St Theresa of Jesus	Rom 4:1-8; Lk 12:1-7
16	St Hedwig	Rom 4:13,16-18; Lk 12:8-12
17	29th IN ORDINARY	Isa 53:10-11; Heb 4:14-16; Mk 10:35-45
18	ST LUKE	2Tim 4:10-17; Lk 10:1-9
19	St Paul of the Cross	Rom 5:12,15,17-21; Lk 12:35-38
20	Wednesday	Rom 6:12-18; Lk 12:39-48
21	Thursday	Rom 6:19-23; Lk 12:49-53
22	St John Paul II	Rom 7:18-25; Lk 12:54-59
23	St John of Capistrano	Rom 8:1-11; Lk 13:1-9
24	30th IN ORDINARY	Jer 31:7-9; Heb 5:1-6; Mk 10:46-52
25	Monday	Rom 8:12-17; Lk 13:10-17
26	SS Chad & Cedd	Rom 8:18-25; Lk 13:18-21
27	Wednesday	Rom 8:26-30; Lk 13:22-30
28	SS SIMON & JUDE	Eph 2:19-22; Lk 6:12-19
29	Friday	Rom 9:1-5; Lk 14:1-6
30	Saturday	Rom 11:1-2,11-12,25-29; Lk 14:1,7-11
31	ALL SAINTS	Rev 7:2-4,9-14; IJohn 3:1-3; Matt 5:1-12

FROM THE VICARAGE

Dear Friends,

On Sunday 3rd October, we will be joined at the Parish Mass by the Bishop of Lewes, who will administer the sacrament of Confirmation. This will be an occasion of great joy and celebration for us all, as a parish family, as Ella, Pauline, Marie, Teresa and Cynthia are confirmed by Bishop Will.

Confirmation is a continuance of what was begun at baptism, a continuance of the on-going development of faith and the presence of the Holy Spirit in our lives. At our baptism, faith is conceived; we become part of Christ's body; part of his Church. The Holy Spirit ensures that we are a brother or sister in Christ. Thus, confirmation is the gentle unfolding of what happens at baptism.

When we celebrate confirmation, we celebrate the fact that we are being transformed, and that transformation will continue to take place until the day we are completely one with God. As Christians, we are all on a journey to wholeness, peace and perfecting love, something we should celebrate. Our heavenly Father celebrates with us because we are responding to his invitation to a life of love, service and reconciliation. We say yes to God to be part of the visible, living and breathing, Spirit-filled body of Christ. It is only through our action and lives as Christians that the Holy Spirit, through faith and the sacraments, can show what the Church is truly called to be, the living body of Christ.

Please keep Ella, Pauline, Marie, Teresa and Cynthia in your prayers as they prepare for their confirmation.

*Heavenly Father,
by the power of your Holy Spirit
you give your faithful people new life in the water of baptism.
Guide and strengthen us by the same Spirit,
that we who are born again may serve you in faith and love,
and grow into the full stature of your Son, Jesus Christ,
who is alive and reigns with you in the unity of the Holy Spirit
now and for ever. Amen.*

With my love and prayers,

Father Robert

RENEWING HOPE

ST PAUL'S BRIGHTON
SATURDAY 2ND OCTOBER



11.00 AM

SOLEMN MASS OF OUR LADY OF WALSINGHAM
CELEBRANT - THE BISHOP OF LEWES
PREACHER - FR KEVIN SMITH, PRIEST ADMINISTRATOR

2.00 PM

LITURGIES OF HEALING
CONCLUDING WITH BENEDICTION

ALL WELCOME
REFRESHMENTS AVAILABLE
PLEASE BRING A PACKED LUNCH

ENQUIRIES: robert.norbury@chichester.anglican.org
01903 694827



The Society
under the patronage of Saint Wilfrid and Saint Hilda

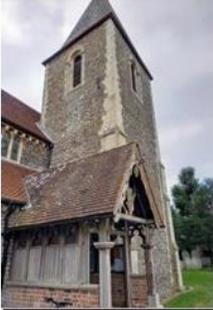
In the
Chichester
Diocese

Sussex Historic Churches

Sussex Historic Churches Trust is a charity that supports the costs of maintenance of place or worship over 100 years old – that could include our church. They give grants for maintenance work, often at high level. They receive their funds from donations and the Ride and Stride. This year we had one visitor to St Symphorian's Church. However, Paul and I took on the challenge of cycling around the churches. Last year we cycled around all the Church of England churches in the Worthing Deanery. This year we visited the 29 churches of the Arundel and Bognor Deanery, cycling 79.1 miles. And I have to say we are quite proud of ourselves.

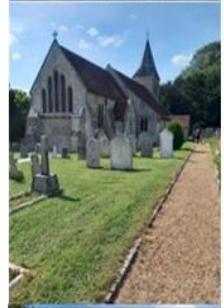
We set out at 8:45am from our home, on our bikes and headed for East Preston Church – the first stop of the day. For there we went to Rustington, St Mary, Littlehampton, St James the Great, Littlehampton, Climping, Ford, Yapton,





Middleton-on-Sea, Felpham, South Bersted, Bognor, Aldwick and Pagham where we stopped for a bite to eat. From there we went to North Bersted, Aldingbourne, Eastergate, Barnham and then to Walberton duck pond for another bite to eat and to see if the fish were fighting again! We then made the decision to go to Eatham, Slindon and Madehurst before visiting the church at Walberton. Then on to Binsted and Arundel when we made our next decision to go to South Stoke which we had been told the view into the village of the church is beautiful – and it is. Then on to Burpham then across the A27 to Poling, Lyminster and Wick. By now things were tough but with only one church left in the deanery we had to visit Angmering.

Not all the churches were open. Three had chosen not to be part of the Ride and Stride which is a shame. Some only had a sheet out for us to sign, some had refreshments, some had lovely people there to greet us and some had nothing. The churches we could go into were beautiful. And the weather was very kind to us.





For our cycle ride we have raised £90, half of which will be returned from Sussex Historic Trust to St Symphorian's Church. We hope this will also put us in go stead to receive a grant from the Trust as we continue to carry out the work on the building. If you would like to sponsor us, please see Jane at church. We hope you enjoy the photos and can guess which church is which!

Jane and Paul Winter





St Symphorian's Church
Pram and Toddler Group
Durrington

St Symphorian's Pram and Toddler Group

Fridays 10am—11.30am

**Toys, crafts, activities,
singing and story time.**



Free entry, donations welcome. All children must be accompanied by an adult.
Registered Charity 1134809



Peaceful Feet

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For 2021 – let's look after God's planet and help Worthing Boys' Club by recycling. Here is their list:

What can we accept?

- Plastic milk bottle tops
- Shampoo, shower gel & Deodorant lids
- Bread bags
- Crisp, Peanut, Pretzel & Popcorn packets
- Pringle tube, seal & lid
- Biscuit, cracker & cake wrappers
- Finish dishwasher tab packets, salt bags & other Finish product packaging
- Cleaning wipe packets
- Roll on deodorant (whole thing)
- Trigger sprays & hand pumps
- Beauty wipe & Face mask packets
- Hair colour kits (all the bits that are not recyclable in your blue bin)
- Flexible plastic tubes-face scrubs, moisturisers etc
- Plastic pots - Face cream, moisturisers etc
- Baby food pouches with lids & snack packets (all brands)
- Zuru bunch of balloons, water balloons, stems, stem caps, ribbons & packaging it came in.
- Burt's Bees beauty packaging
- Metallic plastic tubes - cream, ointment, moisturiser
- Eyeshadow compact
- Lipsticks, gloss & balms
- Mascara tube & wands
- Lip, cheek, highlighter & bronzer sticks
- Carex refill packs

Where can it be dropped?

Yellow bin at Worthing Boys' Club, Ivy Arch Road, Worthing, BN14 8BX



Harvest 2021



On September 12th we celebrated Harvest Thanksgiving. A big thank you to everyone who decorated the church for the service. A special thank you to the Pram and Toddler Group who created a harvest basket display at the back of the church.

For Harvest Thanksgiving this year we raised donations for
Worthing
Foodbank and

started our shoeboxes for Link to Hope. A big thank you to everyone who donated goods and money to Worthing Foodbank. This will be distributed to those in need in the local community.



During October we will continue to collect donations for shoeboxes for Link to Hope. We hope to wrap these in Christmas paper and deliver them to Link Hope at the beginning of November. We would be grateful of any shoeboxes – either empty to be filled with donations or prefilled ready to be handed over.

The Family Shoeboxes of gifts are given to families who often have to make a choice between buying food or fuel at Christmas time – buying presents is just not a priority. Many of these families do not have running water, heating or electricity. Some live in appalling conditions, often living in just one or two rooms, and life for them is a real struggle to survive. A shoebox for a family means that, hopefully, everyone receives a gift. A scarf for the mum, a tape measure for the dad, toys and games for the children as well as stationery and coloured pens. Also toiletries, toothpaste, shampoo and soap to keep everyone clean and free from the germs that make them ill. And of course sweets and chocolates for everyone – a family favourite.

Due to the number of elderly people that are now being left alone due to their families leaving to work away, we have launched the Elderly

Shoebox Appeal. The boxes are similar however the children's games and education materials are replaced with a wind-up torch, sensory items, candle and holder etc.

Boxes are sent to Romania, Bulgaria, Moldova and Ukraine.



CONTENTS LIST

1. We want everyone to receive a fun and useful box of new and unused gifts so every shoebox should contain all items in this blue box.

<input type="checkbox"/> Gloves or Scarf or Hat (new or knitted)	<input type="checkbox"/> Toothbrush & Toothpaste
<input type="checkbox"/> Sweets or Chocolates (BB June 2022 EU Origin)	<input type="checkbox"/> Candles & Holders*
<input type="checkbox"/> Soap & Flannel	<input type="checkbox"/> Small Games (Travel Size Draughts/Dominoes/Playing Cards)

*Holder is for safety and stability

2. Then please **ADD 5 or more items** (at least one of each item) from the **Red Box** for a **Family Shoebox** OR from the **Purple Box** to make a **Unisex Elderly Shoebox**.



FAMILY

<input type="checkbox"/> Colouring Pads (A5)
<input type="checkbox"/> Crayons/Pencils (with rubber and sharpener)
<input type="checkbox"/> Small Toys (yo-yo, skipping rope, toy cars)
<input type="checkbox"/> Soft toy/teddy (with CE label)
<input type="checkbox"/> Tape Measure/DIY Tool
<input type="checkbox"/> Head Scarf (lightweight)
<input type="checkbox"/> Shampoo (max 300ml)
<input type="checkbox"/> Solar-Powered Calculator
<input type="checkbox"/> Safety Razors
<input type="checkbox"/> Hairbrush/Comb
<input type="checkbox"/> Other Gifts
.....
.....



ELDERLY (UNISEX)

<input type="checkbox"/> Reading Glasses/Magnifier
<input type="checkbox"/> Mug/Wooden Spoon/Cutlery
<input type="checkbox"/> Sensory Item (eg Lavender Bag)
<input type="checkbox"/> Hot Water Bottle
<input type="checkbox"/> Work Gloves
<input type="checkbox"/> Pen/Paper
<input type="checkbox"/> Socks/Tights (NEW)
<input type="checkbox"/> Wind-Up Radio/Torch
<input type="checkbox"/> Shampoo (max 300ml)
<input type="checkbox"/> Scissors/Nail Clippers
<input type="checkbox"/> Safety Razors
<input type="checkbox"/> Other Gifts
.....
.....

OR

PLEASE TRY TO REDUCE THE PACKAGING YOU PUT IN YOUR SHOEBOX

St. Symphorian's Patronal Homily

ON 22nd August we celebrated our Patronal Festival. Canon Rebecca Swyer preached on that Sunday. Here is her homily.

Generally speaking, my son Charlie and I like similar TV programmes. I'm sad to say though, that there are currently ructions in the Swyer household. Charlie's guilty pleasure is 'Love Island', which I refuse to watch.

Love Island involves a group of contestants, living in isolation from the outside world in a villa in Mallorca. The Islanders must be coupled up with another Islander, whether it be for love, friendship, or money, as the overall winning couple receives £50,000. On the first day, the Islanders couple up for the first time based on first impressions, but over the duration of the series they are forced to "re-couple" where they can choose to remain in their current couple or swap. Any Islander who remains single after the coupling is eliminated, which can also happen via public vote.

The show has received numerous complaints over the years, focussed on how badly contestants have treated each other. Most contestants have clearly had surgical procedures, with physiques like models. Whilst there've been a few relationships that have survived after the series, there've been more incidents of people continuing to treat one another badly and disrespectfully. Unfortunately, more than one contestant has committed suicide.

Objectification of human beings and putting self first are not of course new concepts. However, there have also always been people who have been prepared to stand up for their principles. One such person was St. Symphorian, who we're celebrating today and who is far more worthy of our attention than any reality TV star!

As I'm sure you all know, St Symphorian was a young French nobleman. About the year 180 there was a great procession of the goddess Ceres. Symphorian refused to show reverence to the statue and when challenged he said: "My name is Symphorian; I am a Christian!" He then asked for a hammer to destroy the statue. Following his arrest, he was flogged and then given the chance to repent, but he refused. On the way to his execution his mother, Blessed Augusta, who stayed with her son until he had been

executed, shouted out: "My son, my son, keep the living God in your heart; look up to Him Who reigns in heaven."

Symphorian and Augusta remained faithful to their conscience, even to the point of death.

Jesus said 'Take up your cross and follow me' – taking up the cross comes before the following. Being a Christian doesn't protect us from times of difficulty and pain, but it does lead us through that pain to a place of new and everlasting life. The cross and resurrection of Jesus Christ – Good Friday and Easter Day - are bound together and the light of the resurrection shines even during the darkest times of our lives.

For most of us, taking up our cross will not lead to persecution or death. In this country, Christians are sometimes laughed at or mocked, but far more likely nowadays is people treating Christians with complete indifference. Yet we must be careful not to assume this means Christians are no longer persecuted or killed for their beliefs in our world.

In the 20th century more people died for their faith than in all the previous centuries combined – literally millions of martyrs, prepared to follow Jesus Christ to death, rather than deny him.

In our gospel reading today, Matthew warns about the suffering followers of Christ will face. He says: 'Brother will betray brother to death, and a father his child, and children will rise against parents...and you will be hated by all because of my name'. He then offers reassurance that the Holy Spirit will work within the believer, giving the strength and wisdom to say and do the right thing. Matthew then assures his readers that those who endure to the end will be saved.

The second reading is one of Paul's 'purple passages' from his Letter to the Romans and here he goes through in a bit more detail than Matthew how the Holy Spirit works in the heart of a Christian. Here, love and hope work even through times of suffering, leading to growth in character. It's interesting how people are now reflecting on the positives of the pandemic and what we've learnt or rediscovered that is good about humanity, human relationships and resilience.

One of the main ways the Holy Spirit works within the Christian is through the conscience. Christians have rather neglected this dimension of the faith and our spiritual lives. When someone says they're 'just following their conscience', it tends to just refer to an individual's subjective right to do what they want; it's about personal freedom.

Yet the Christian view of conscience is deeper than this. There's an encounter in conscience between the person and God. The Holy Spirit working in the secrets of our hearts in a way that prompts us to discern God's still small voice, rather than choosing our own way.

Saint John Henry Newman called conscience a 'messenger from God'. When we receive a message, we can't change it to make it say what would please us. Newman talks of conscience as the advocate for truth in the innermost part of the human person. Newman said: "I loved to choose and see my path; but now lead me on!" So, conscience leads us forward and closer to God.

For the Christian, conscience and truth must support and enlighten each other; obedience to conscience leads to obedience to the truth. This isn't then about our personal subjective opinion about something. The Christian conscience is grounded in the relationship between the person and God – between the creator and created.

We therefore must work at forming our Christian conscience – to care for, educate and nurture it. If we don't, we'll be relying just on ourselves and we're back to a secular view of conscience as being just about following our own desires.

For all of us, it's important to find ways of deepening our knowledge and understanding of the faith. This can happen in all sorts of ways - through our own regular reading of the bible, listening to sermons, reading books, or engaging in home groups.

We also need to find ways of relating that faith to issues and situations in our lives and our world. This can be a complex thing task and leads us to grapple with what truth is and what God is saying and calling us to do in a particular situation. In psalm 119, the psalmist says: 'Your word is a lamp to my feet and a light to my path'. As we seek to form our conscience, the Word of God is the light for our path.

Forming our conscience isn't just about education, but we must also find ways of regularly examining our conscience before God. Many of us will have watched at least some of the Olympics and admired the athletes who have trained their minds and bodies for years to get to the right level of skill and fitness. Forming our conscience isn't too dissimilar: we have to train through regular spiritual exercise to build up resilience and develop in our spiritual lives. This isn't of course just down to us but must involve the working of the Holy Spirit softening and forming our hearts and minds.

The Church has created all sorts of exercises that can help us form our consciences, such as Stations of the Cross or the daily Examen, which involves looking back on the day, noting and giving thanks for what has been good as well as what hasn't gone well and then resolving to grow and do better the next day. We can all find ways that we can undertake this sort of training.

The life and witness of St. Symphorian models Christian conscience and challenges us. How far are we motivated only by our own thoughts and desires? How far do we form our own conclusions about controversial issues, without trying to discern God's will through the guidance of the Holy Spirit? It still won't mean we always agree on everything in the Church, but it would stop disagreement being just about listening to our own voices rather than God's.

As Augusta said to Symphorian: '...keep the living God in your heart; look up to Him Who reigns in heaven.'



All Saints Day
Sunday 31st October
10am Parish Mass

Mass will be followed by refreshments
Please feel free to join us.

St Symphorian's Church, Durrington Hill, Worthing BN13 3PU Registered Charity 1134809



SING WELL

COMMUNITY WELLBEING CHOIR



COME AND JOIN OUR CHOIR!

Improve your physical and mental health through singing.
Have fun, make friends and learn to sing well together.

We are a supportive and friendly choir for the whole community. There are no auditions and absolutely everyone is welcome regardless of age or ability.

Each session will last an hour and a half and will include a break for refreshments and a chance to connect with one another.



Julia Daintree is an experienced choir director with a passion for seeing communities come together through singing. She will draw from a wide range of pop, rock, Gospel and show music and always welcomes suggestions for new songs!

Please join us:
Tuesdays
10.45am - 12.15pm
Cost: £5 per week

St Symphorian's Church
New Road, Durrington
BN13 6HU.
Carpark entrance on
Durrington Hill

See website for other local Sing Well groups



www.SINGWELLCHOIR.co.uk



email: singwellchoir@gmail.com

mobile: 07802 537502



QUIZ NIGHT

St Symphorian's Church
29th October
7pm

Durrington Hill
BN13 3HU

£3 per person
Maximum 6
people per team
Bar and refreshments
available

Proceeds to Social and Fundraising Mission Fund Registered Charity 01134809



October Prayer Diary

Please find below a daily prayer diary. Each day (except Sunday), we pray for three streets in our parish. If you spot any road is missing from the list, please email magazine@stsymphorians.co.uk.

Friday 1 st	St Therese of Lisieux Those preparing for confirmation Greenland Close, Greenland Mews, Greenland Road
Saturday 2 nd	The Holy Guardian Angels 'Renewing Hope' Day Greenland Close, Greenland Mews, Greenland Road
Sunday 3rd	27th Sunday in Ordinary Time The Parish of Durrington
Monday 4 th	St Francis of Assisi Franciscans Halfmoon Lane, Halifax Drive, Hamble Gardens
Tuesday 5 th	The long-term sick Hamble Way, Hammond Drive, Harlech Close
Wednesday 6 th	St Bruno Our PCC Hatfield Walk, Highclere Way, Hildon Close
Thursday 7 th	Our Lady of the Rosary The faithful departed Hildon Park, Hobart Close, Holly Close
Friday 8 th	Our local schools & teachers Hollyacres, Hudson Close, Humber Avenue
Saturday 9 th	St John Henry Newman Healing Hurley Road, Iris Close, Ivydore Avenue
Sunday 10th	28th Sunday in Ordinary Time The Parish of Durrington
Monday 11 th	St John XXIII HM the Queen Ivydore Close, Jevington Close, Juniper Close
Tuesday 12 th	St Wilfrid The diocese of Chichester

	Kennet Close, Kingfisher Close, Kingsbridge Mews
Wednesday 13 th	St Edward the Confessor The shrine of St Edward the Confessor, Westminster Abbey Laurel Close, Lavender Close, Lilac Close,
Thursday 14 th	St Callistus I The Emergency Services Littlehampton Road, Littlestone Road, Lobelia Drive
Friday 15 th	St Teresa of Avila Spiritual Writers Loddon Close, Lowther Road, Lupin Spinney
Saturday 16 th	St Hedwig Our parish link with Münchberg Lyn Road, Magnolia Close, Malthouse Way
Sunday 17th	29th Sunday in Ordinary Time The Parish of Durrington
Monday 18 th	St Luke National Health Service Manitoba Way, Meadowsweet Close, Medway Close
Tuesday 19 th	St Paul of the Cross Our Churchwardens Mendip Crescent, Mendip Road, Mersey Close
Wednesday 20 th	Those persecuted for the faith Mersey Road, Middle Tyne, Montreal Way
Thursday 21 st	The Shrine of Our Lady of Walsingham Moore Close, Muirfield Road, New Brunswick Drive
Friday 22 nd	St John Paul II The recently baptised New Road, Nightingale Avenue, Ontario Close
Saturday 23 rd	St John of Capistrano The anxious and depressed Ontario Gardens, Orkney Court, Pennycross Avenue
Sunday 24th	30th Sunday in Ordinary Time The Parish of Durrington

Monday 25 th	Those training for ordination Pentland Avenue, Peony Grove, Pond Lane
Tuesday 26 th	Ss Chad and Cedd The Northern Province Pond Mews, Poplar Road, Poppy Close
Wednesday 27 th	Those who mourn Quantock Close, Quantock Road, Raglan Avenue
Thursday 28 th	Ss Simon and Jude Bishop Martin Red Kite Way, Redwood Close, Rees Close
Friday 29 th	Our carers and Toddlers Group Robin Road, Rochester Close, Romany Road
Saturday 30 th	The Society of the Holy Cross Rockingham Close, Roedean Road, Roxburgh Close
Sunday 31st	All Saints Sunday The Parish of Durrington

Church Craft Club

Are you interested in crafts? Do you enjoy doing different crafts? We have started a church craft club which will meet on the 2nd and 4th Wednesdays each month 4:30pm – 5:30pm in the A Room. This is not like our craft mornings where you can come and find crafts to do, but a time to share crafts, craft ideas and maybe even craft materials. The aim is to create a craft stall, firstly at the Christmas Fayre on 4th December. In the longer term, we hope to have a homegrown stall at the back of church offering a variety of items for people to buy.

Any crafts are possible so you are welcome if you have a craft you would like to share with others, have craft materials you aren't sure what you can make with them, or want to learn new crafts. We may try pyrography, iris paper folding, cross stitch, knitting, candle making to name but a few I would like to have a go at. What would you like to try?

All welcome – no charge, we just ask you sell some of your crafts at the church stall for the benefit of the church.

Pram and Toddler Group

Pram and Toddler Group returned in September after taking a break for the month of August to rest and recharge our batteries. It seems to be a recurring theme, but after taking a summer break, where some of older members started their school adventures, we have again welcomed many new faces to our group. This is fantastic, and we have even gained some members from as far afield as Littlehampton. It's wonderful to see our group grow.



Our first week back coincided with the Harvest festival at Church and our members were so generous in their donations for Worthing Food Bank. You may have seen the enormous pumpkin as part of our display in the children's area of the church. This was donated by one of our Grandads, who assured me that this was not the biggest he had grown this year!

With the relaxation of Covid restrictions, we have been able to reinstate our craft table and we have begun the term with an autumn theme.

We made baskets to contain our harvest donations, enjoyed printing with autumn leaves and made fondant icing mice which were yummy to eat! We will be continuing our autumn theme until half term.

As always, we are happy to welcome new members, so if you know of any young families who may want to be part of our friendly group, please do get in touch via the Parish Office. We would love to meet you!

Tracey

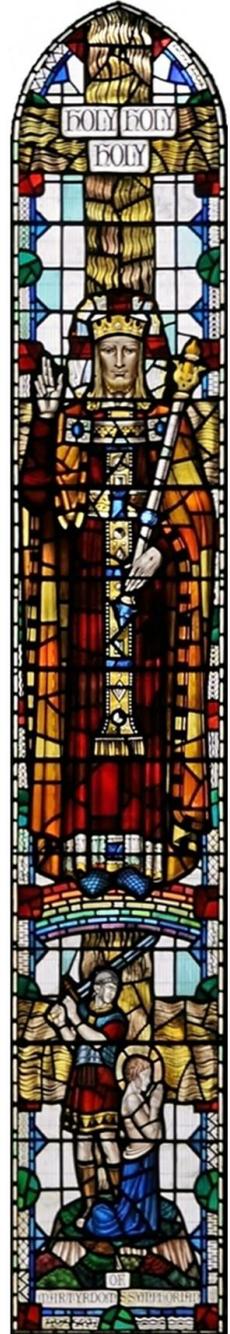


Feast of
Dedication
Sunday 24th
October
10am Parish
Mass

Mass will be followed by
refreshments

Please feel free
to join us.

St Symphorian's Church, Durrington Hill,
Worthing BN13 3PU
Registered Charity 1134809



25

Jahre
Years

~~Freund-~~Partnerschaft Durrington - Münchberg ~~Friend-~~Partnership Durrington - Münchberg

Liebe Freunde in Münchberg - Dear Friends in Durrington.

mit dem Besuch von fünf Gästen aus Durrington - Rev Bob Aiton, Helena Buqué, Irene Hedges, Shirley McCallum und Hilda Taylor - fing unsere Partnerschaft im Herbst 1996 in Münchberg an. Seither haben über **100 Gemeindeglieder aus Durrington** Münchberg besucht und über **125 Münchberger** haben Durrington kennengelernt. Weil viele von ihnen mehrfach am Austausch teilgenommen haben, waren in den 25 Jahren **fast 500 Besucher** im jeweils anderen Land und viele enge Freundschaften sind entstanden. Wirklich ein Grund, um miteinander zu feiern!



Our partnership started in autumn 1996 with a group of five guests from Durrington visiting Münchberg. Among them were Rev Bob Aiton, Helena Buqué, Irene Hedges, Shirley McCallum and Hilda Taylor. Since then, more than **100 members of the parish of Durrington** have visited our town and more than **125 Münchbergers** have got to know Durrington. Quite a few of them took part in the exchange more than once, so that in the last 25 years **almost 500 people** went to see the other country. Many deep friendships have developed. For you and us, a reason to celebrate!

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Leider konnte der geplante „**Silberjubiläumsbesuch**“ der englischen Freunde im Juli 2021 in Münchberg aus dem bekannten Grund nicht stattfinden.



Unfortunately the “**Silver Jubilee Visit**” of our English friends to Münchberg in July 2021 could not take place because of a certain reason.



Deshalb laden wir Euch zu einem **Zoom-Treffen** am **Samstag, 30. Oktober** um **18 Uhr MESZ** ein, um miteinander zu feiern. Der dazu notwendige **link** wird Euch noch **per E-Mail** zugeschickt.



Therefore, we would like to invite you to celebrate with us via **Zoom on Saturday 30 October at 5pm BST**. The link will be sent to you by email.

Bei dem Zoom-Treffen werden einige von uns ihre **persönlichen Erlebnisse** erzählen, eine **Silberjubiläums-Bildershow** wird uns alle an viele schöne gemeinsame Stunden erinnern, **Father Robert** und **Dekan Oertel** werden **biblische Impulse** geben und natürlich sollten wir alle ein **Gläschen Sekt** zur Hand haben, mit dem wir dann gemeinsam anstoßen können.



On screen some of us will share their **personal experiences** with the link, a **Silver Jubilee Picture Show** will bring back memories of many happy hours spent together, **Father Robert** and Rural **Dean Wolfgang Oertel** will bring us a word of God and finally we all should have a **glass of champagne** at hand to raise our glasses in a toast.



Wir freuen uns, wenn wir Euch alle am 30. Oktober sehen und zusammen mit Euch feiern können.

We look forward to seeing you and celebrating with you all on 30 October.

Ein lieber Gruß aus Münchberg!

Uli & Margitta

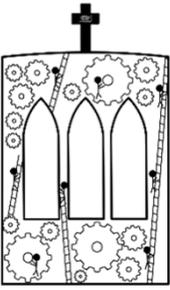


Remembrance Sunday
14th November
10am Parish Mass

concluding with an Act of Remembrance

Mass will be followed by refreshments
Please feel free to join us.

St Symphorian's Church, Durrington Hill, Worthing BN13 3PU
Registered Charity 1134809



Update from the Buildings Committee

Building projects go through patches where you appear to take one step forward and three steps back. During September the minor stonework repairs were undertaken around the church. The repointing work needs PCC approval before it can go to the Archdeacon to ask for permission for this to go ahead.

We have received the specification for the redecorating of the church and are now awaiting quotes for this work. We are also looking at installing internet into the church.

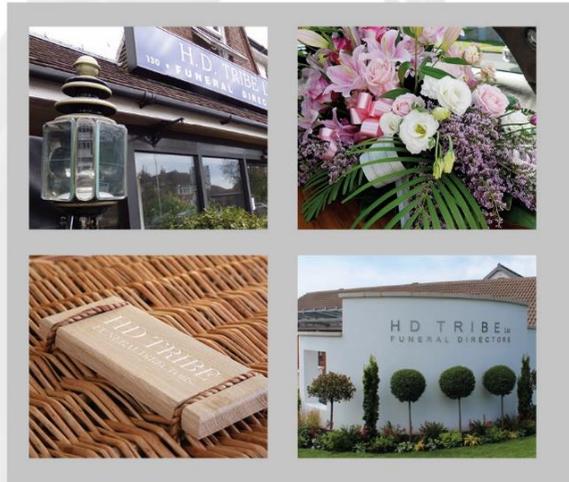
This will facilitate live streaming of services as well as contactless donations and payments in the church building. But nothing is easy. First, we were told that internet can only be put into a building where there is a postcode recognised by the Post Office but the Post Office only recognise the Parish Centre. Then we were told the Church cannot have a post code as it can't receive post – it doesn't have a post box. Another company says that isn't a problem as the utility companies have a post code for the church – hooray. Now we need to find out what permissions we need to have the internet installed bearing in mind the church is Listed Building. Having contacted the DAC (Diocesan Advisory Board who help with buildings projects) they suggest we ask the Chancellor, but we will need to know how the internet will be installed in the church. But the company won't be able to tell us this until they undertake a survey which can't be done until we enter into a contract. Another chicken and the egg scenario.

In the meantime, Vancouver Close is being made ready for letting. The property is being redecorated and new carpets installed. An electrical report has been undertaken on the property and remedial work is being undertaken. The gas hob and electric oven is being replaced. Whilst this is being undertaken a few volunteers to smarten up the garden at the front and back would be gratefully appreciated. If you have time to spare and are willing to help, please let the churchwardens know. If there is a little bit of rain, the gardens should be a lot easier to tend.

Hopefully by next month most of the above work will have been undertaken and we will have news on plans for the Parish Centre,

Quality, dignity and reliability

Losing someone close to us is a painful and challenging experience. Our aim at HD Tribe is to make the whole funeral process as simple and as stress-free as possible for you, by offering a complete funeral service, ensured by HD Tribe's long-established reputation for quality, dignity and reliability.



Call 24 hours a day, 7 days a week

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www.hdtribe.co.uk

Our services

Attendance cards	Flowers	Prepaid Funeral Plans
Bereavement	Funeral Poetry	Recording of Services/ Webcasts/Slideshows
Counselling	Green Burials	Repatriation
Burials at sea	Horse Drawn Funerals	Stonemasons
Catering	Music	Vehicles
Chapel of Rest	Orders of Service	
Coffins		

An independent family run Funeral Directors since 1929. We ensure your loved ones receive the respect and dignity they deserve. With nine offices covering most of West Sussex, we are ideally positioned to give you an efficient, local and dedicated funeral service.

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Worthing
BN14 8HU

Sompting
West St
Sompting
BN15 0DE

Lancing
28 South St
Lancing
BN15 8AG

Shoreham-by-Sea
101 Eastern Ave
Shoreham-by-Sea
BN43 6PE

Storrington
19 West St
Storrington
RH20 4DZ

Littlehampton
5 Surrey St
Littlehampton
BN17 5AZ

Rustington
63 Sea Lane
Rustington
BN16 2RQ

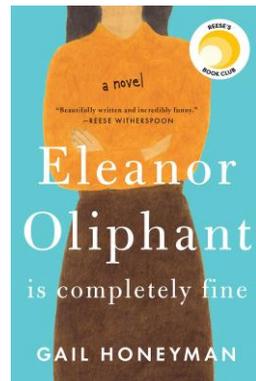
Goring-by-Sea
259 Goring Rd
Worthing
BN12 4PA

Lyndhurst Road
61 Lyndhurst Rd
Worthing
BN11 2DB

Durrington Book Club
Next review time will be on
Wednesday 6th October 2021,
to discuss “*Bel Canto*” by Ann PATCHETT



Our book for August was “*Eleanor Oliphant is Completely Fine*” by Gail HONEYMAN which was published in 2017. The author is a graduate of the universities of Glasgow and Oxford but did not wish to follow an academic career, so worked in various office-based and administrative jobs until she reached 40 years of age and decided to fulfil her lifelong passion for reading and enrolled in creative writing courses. The idea for this novel started after reading of an interview with a young professional woman, living in the city, who said she would often leave work on Friday afternoon and not speak to another human being until she returned to the office on Monday morning. Gail submitted the first three chapters to Cambridge’s Lucy Cavendish College competition for unpublished fiction by female writers and her writing career was launched. The finished novel earned numerous awards, sold millions of copies and received wide critical acclaim.



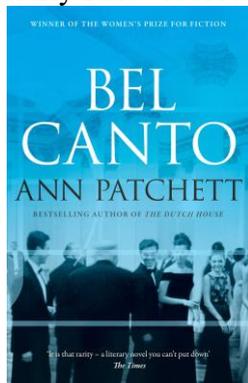
Some might think this book is “Chick Lit” as it centres round a thirty year old woman who thinks the right thing to do is to acquire a permanent romantic partner and so she fixates on a musician in a local band. I don’t want to give any spoiler alerts, but this first novel is far more than “light reading”, tackling subjects relating to social interaction such as putting people into “pigeon holes”, making assumptions and judgements, marginalizing the misfits and the effect of offering kindness, with a degree of seriousness.

Loneliness is often thought of as an issue associated with old age but fortunately society is beginning to give more attention to the condition, is reducing the stigma of poor mental health and is trying to help those who find themselves in this trap – it is surprising what a little kindness can do. Gail considered what might lead up to a situation in which “Eleanor” is socially isolated by her lack of skills when relating to other people so that she has learned how to survive, but not how to live. Little by little, we are

fed crumbs of information to reveal why Eleanor appears such a strange person. Eleanor does not recognize that she is lonely and makes no effort to “get to know” anyone through day to day conversation; we found Eleanor’s manner of speech and view of the world around her very entertaining. The balance between the darkness of loneliness and uplifting humour is good, with the hope that “all will end well” without becoming too sugary.

On our populariti-o-meter “Eleanor Oliphant is Completely Fine” scored **8.5**. We hope that Gail Honeyman spent the months of Covid composing and penning her next novel!

Our next meeting will be on the 6th October when we will discuss “Bel Canto” by Ann PATCHETT. We will meet in the church via the side door, up the ramp on the north side of the building from 2.15pm for 2.30pm a start, having a tea break in the middle and finishing around 4 pm. All are welcome to join us.



A Poem for Autumn

*As we leave behind the summer
and autumn takes a hold,
as leaves turn myriad shades of red
And weather turns wet and cold
As chill wind blows it's frosty breath
Across the land, north, east and west
Fear not my friend, for we are blest.*

*When earth has had her well-earned rest
And winter's course is run,
Trees and flowers of all hues
Burst forth in springtime sun,
With weather warm and daytime long
The birds will cheer us with their song.*

Till once again the summer ends and autumn takes a hold.

Paul Underhill

NICK AND BEN

BOUNCY

CASTLES

FOR MORE INFO PHONE

262050



Slimming
WORLD

MONDAYS - 9.30am

St Symphorian's

Church Hall

New Road, Durrington

Call Sarah on 01903 218261

or 07769 611034

*also at Charmandean,
Findon and Heene*



Find us on

Facebook

There are always mixed reactions to Facebook – we hear all the negativity and believe that it is all like that. Our church has a Facebook page and we have over one hundred people who regularly receive all our information. However, a 'post' (article) on our Facebook page can be seen by 100 to 2,500 people. We include both worship items and social events. There are pictures and videos of everything that is going on. So, if you have Facebook, please find our Facebook page (just type in St Symphorian's) and then start sharing with all your friends our lives with Christ.

Jobs in the Garden for October

General gardening

- Clear up fallen Autumn leaves regularly
- Cut back perennials that have died down
- Divide herbaceous perennials and rhubarb crowns
- Plant out Spring cabbages
- Harvest apples, pears and grapes
- Prune climbing roses
- Last chance to mow lawns and trim hedges in mild areas
- Renovate old lawns or create new grass areas by laying turf. This month is an ideal time to make a new lawn from turf as it unlikely to dry out
- Plant Winter and Spring flowering bulbs such as Daffodils, Narcissi and Crocuses should be planted in the garden or patio containers
- Check the supports and ties on young trees and climbing plants
- Re-position tender plants into a frost-free environment such as a greenhouse or conservatory
- Help to drain your lawn by using a lawn aerator
- Tidy up the garden shed and clean and sharpen secateurs in preparation for Winter pruning

In the greenhouse

- Protect plants in your greenhouse from cold winter nights with a heater
- Water plants in the morning so that the foliage is not wet during the night
- Clean the greenhouse glass inside and out to maximise the Winter sun and remove any greenhouse shading
- Ventilate the greenhouse to keep up air movement and alleviate dampness

Wildlife gardening

- Replenish birdfeeders. All feeds, including whole peanuts, are safe, as the breeding season is now over
- Leave some seed heads standing, rather than cutting them back, to provide food and shelter for wildlife.
- Leave mature ivy uncut if possible, as it is an excellent late source of nectar for insects.
- Make a leaf pile for hibernating mammals and ground-feeding birds overwintering in the UK.
- Buy a hedgehog hibernation box

Update from Chichester Cathedral



Tuesday 5th October, Lunchtime Concert at 1.10pm with pianist Maria Luc

Tuesday 12th October, Lunchtime Concert at 1:10pm with violin and piano duo Lantivet Duo.

Thursday 14 October, 11:00 The American Patrons of Chichester Cathedral invite you to an exclusive tour exploring Chichester Cathedral, to discover a fascinating Anglo-American heritage. This visit is only available to six guests per Day Tour, and is offered on a first-come first-served basis, so book early to guarantee your place.

Saturday 23 October, 19:30 - The Sixteen: Handel Coronation Anthems. One of Handel's first tasks as a naturalised British Citizen was to write the music for the Coronation of the new monarch – King George II. The result was four majestic anthems, perfectly capturing the pomp and grandeur of the occasion, and a celebration of the baroque era at its grandest, its most opulent and its most glorious.

Monday 25 October, 10:00 - The Museum of the Moon
Chichester Cathedral will host Luke Jerram's touring artwork, the Museum of the Moon, from this October.

Measuring seven metres in diameter, the Museum of the Moon features 120dpi detailed NASA imagery of the lunar surface. At an approximate scale of 1:500,000, each centimetre of the internally-lit spherical sculpture represents 5km of the moon's surface. The installation, which will be on display within the Cathedral's Nave, is a fusion of lunar imagery, and surround sound composition created by BAFTA and IvorNovello award-winning Bristol-based composer Dan Jones.

Open daily with free entry, this Cathedral has welcomed visitors for 900 years.
A place of worship, art, music, exhibitions, talks, and much more.

Web: chichestercathedral.org.uk Tel: (01243) 782595  @ChiCathedral

Puzzle Corner

OCTOBER WORDSEARCH
FRUIT

V E A D L I E Y Y W A S E B G
 D G A S A O W N R P R R N R C
 E A Y F L T N A R R U C I E A
 M G B S F E E I E V T M G A N
 I N P R W A C D B V Z E R D T
 L E O L A O J R G Y S L E F E
 I E M A T B A W O A N O B R L
 B R E E W E U H D I P N U U O
 A G G Y P A S H R J R E A I U
 N Y R R E B N A R C H U A T P
 A M A P R Z D C H E R R Y C E
 N U N K Q N M U S C A T E L H
 A L I C A Y R R E B K C A L B
 Y P T M P I N E A P P L E E S
 M G E X O G R A P E A P P L E

- APPLE
- APRICOT
- AUBERGINE
- BANANA
- BLACKBERRY
- BREADFRUIT
- CANTELOUPE
- CHERRY
- CRANBERRY
- CURRANT
- DATE
- DOGBERRY
- GRAPE
- GREENGAGE
- JAFFA
- LIME
- MANDARIN
- MELON
- MUSCATEL
- PEACH
- PEAR
- PINEAPPLE
- PLUM
- POMEGRANITE
- RHUBARB
- SLOE

Spring forward fall
back.

Remember to put
your clocks back.

On the 31st

Have an extra hour
to use!

4			8		1			3
			9		7			
5								4
1								9
	6		7		9		2	
		4		8		1		
		9	6		5	2		
		3				5		
6			2		4			8

COPY DATE

Articles and information for the

NOVEMBER 2021

edition of the Parish News
should be handed in by

SUNDAY 17TH OCTOBER 2021

PLEASE NOTE - articles handed in after the copy date deadline cannot be guaranteed to be included.

Articles can either be

- ❖ handed into the Parish office
- ❖ given to the editor on a Sunday morning,
- ❖ e-mailed to magazine@stsymphorians.co.uk

The editor will always try to include all articles, but due to space may occasionally have to keep an article until the next month. Please also remember that articles do need to be of a positive or informative nature.

New advertisers are always welcome, and we have very competitive rates for full, half and quarter page adverts. If you are interested, then please pick up a form from church or email the editor at magazine@stsymphorians.co.uk

Please note that advertising in this magazine does not carry an endorsement from the Church. Readers who use the businesses advertised do so at their own risk.

Weekly Activities in St Symphorian's Church Hall

Monday	Slimming World 9:30am Penfold Bowls Zumba 7pm
Tuesday	Sing Well Choir* Penfold Bowls Jazz Band*
Wednesday	Funtastic Futures
Thursday	U3A Yoga Brownies and Guides
Friday	Pram and Toddler 10am

*in church

Venue for Hire

The Church Hall and Atkinson Room are available for hire for parties and functions.

Charges are:

Main Hall £25 per hour
Atkinson Room £16 per hour
Both Halls £38 per hour

All bookings have access to the kitchen.

For more information, please visit the website.



For more details contact the Parish Office Tel 01903 268109
or email theoffice@stsymphorians.co.uk
or visit our website www.stsymphorians.co.uk
Like us on Facebook and follow us on Twitter